WHAT IS CLAIMED IS:

- 2 guides the improvement and grasps the effect, comprising:
- 3 a computer system provided with a database;
- 4 plural viewers for referring to the contents of the 5 database:
- 6 a terminal; and
- 7 a channel mutually connecting the computer system, the 8 viewers and the terminal, wherein:

the computer system includes means for registering individual information and vital information respectively sent from the terminal in the database, means for registering a comment sent from the viewer in the database and means for calculating database management expenses and charging the expenses;

the viewer includes means for referring to the database and means for sending the comment related to the vital information to the computer system; and

the terminal includes means for sending the vital information to the computer system and means for referring to the database.

- 2. Ahealth care system that manages a health condition,
 guides the improvement and grasps the effect, comprising:
- 3 a health care database server used by a provider;
- $4\,$ plural health care data reference viewers used by a health
- 5 care institution;

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a home health care terminal used by a customer of the health

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care institution; and

8 the Internet mutually connecting the health care database
9 server, the health care data reference viewers and the home health
10 care terminal, wherein:

the health care database server is provided with a vital information database and an information provision database; the health care database server includes means for accepting an order for database management business from the health care institution and registering the individual data of the customer, means for registering vital information sent from the home health care terminal in the vital information database, means for registering a comment sent from the health care data reference viewer in the information provision database and means for calculating database management expenses and charging the

the health care data reference viewer includes means for referring to the vital information database and means for sending a comment related to the vital information of the customer in the vital information database to the health care database server; and

health care institution the expenses;

the home health care terminal includes means for sending the vital information of the customer to the health care database server and means for referring to the information provision database.

The health care system according to Claim 2, wherein:

the health care institution is a medical institution or

a health service supplier or both the medical institution and

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4 the health service supplier.

1 4. The health care system according to Claim 2, wherein:

2 the health care database server is provided with a health

3 related information database; and

the health care data reference viewer includes means for requesting the health care database server to register information provided to the customer as advice information out of information in the health related information database in the information provision database.

- 5. The health care system according to Claim 4, wherein: the health care database server includes means for individually setting access authority to the information provision database as a database every customer.
- 6. The health care system according to Claim 5, further comprising:
- a specific individual terminal connected to the Internet, wherein:
- 5 the health care database server includes means for giving 6 access authority to a database of a specific customer out of
- 7 the information provision databases to the specific individual
- 8 terminal; and
- 9 the specific individual terminal includes means for 10 referring to the database to which the access authority is given.
 - 1 7. A health care method for managing a health condition,

2 guiding the improvement and grasping the effect, comprising:

a step that a health care database server accepts an order

4 for database management business from a medical institution or

5 a health service supplier and registers the individual data of

6 a customer of the medical institution or the health service

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7 supplier;

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a step for sending the vital information of the customer

from a home health care terminal to the health care database

10 server via the Internet;

a step for registering the sent vital information in a vital information database of the health care database server;

a step that a health care data reference viewer of the medical institution or the health service supplier refers to the vital information database via the Internet;

a step for sending a comment related to the vital information of the customer from the health care data reference viewer to the health care database server via the Internet;

a step for registering the sent comment in an information provision database of the health care database server;

21 a step that the home health care terminal refers to the

22 information provision database via the Internet; and

a step that the health care database server calculates

 ${\tt 24} \quad {\tt database\, management\, expenses\, and\, charges\, the\, medical\, institution}$

25 or the health service supplier the expenses.

8. The health care method according to Claim 7, further
 comprising:

3 a step for requesting the health care database server to

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- register information provided to the customer as advice 4
- information by the health care data reference viewer out of 5
- information in a health related information database of the 6
- health care database server in the information provision database 7
- 8 via the Internet.
- 1 9. The health care method according to Claim 8, further comprising:
 - a step that the health care database server individually sets access authority to the information provision database as a database every customer.
 - 10. The health care method according to Claim 9, further comprising:
 - a step that the health care database server gives access authority to a database of a specific customer out of the information provision databases to a specific individual terminal: and
- 7 a step that the specific individual terminal refers to 8 the database to which access authority is given.
- 1 A server computer system, comprising:
- a health care data reference viewer via the Internet used 2
- 3 by a medical institution or a health service supplier;
- a home health care terminal via the Internet used by a 4
- 5 customer of the medical institution or the health service
- supplier; and 6
- 7 a vital information database and an information provision

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database mutually connected, wherein:

the server computer system includes:

means for accepting an order for database management business from the medical institution or the health service

12 supplier and registering the individual data of the customer;

means for registering vital information sent from the home health care terminal in the vital information database;

means for registering a comment sent from the health care
data reference viewer in the information provision database;
and

means for calculating database management expenses and charging the medical institution or the health service supplier the expenses.

- 12. The server computer system according to Claim 11, further comprising:
 - a health related information database; and

means for registering information provided to the customer as advice information by the health care data reference viewer out of information in the health related information database in the information provision database.

- 1 13. The server computer system according to Claim 12,
 2 comprising:
- $\ensuremath{\mathtt{3}}$ means for individually setting access authority to the

information provision database as a database every customer.

1 14. The server computer system according to Claim 13,

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2 further comprising:

means for giving access authority to a database of a 3 specific customer out of the information provision databases 4 to a specific individual terminal connected to the Internet. 5

A machine-readable data storage medium that records 1 15. a program for instructing a computer system to execute: 2

processing for accepting an order for database management business from a medical institution or a health service supplier and registering the individual data of a customer of the medical institution or the health service supplier;

processing for registering vital information sent from a home health care terminal used by the customer via the Internet in a vital information database;

processing for registering a comment sent from a health care data reference viewer used by the medical institution or the health service supplier via the Internet in an information provision database; and

processing for calculating database management expenses 14 and charging the medical institution or the health service 15 16 supplier the expenses.

- 16. The machine-readable data storage medium according 1 2 to Claim 15, wherein:
- a program for instructing a computer system to further 3 execute processing for registering information provided to the 4 customer as advice information by the health care data reference 5
- viewer out of information in a health related information

- database in the information provision database is recorded.
- 1 17. The machine-readable data storage medium according
- 2 to Claim 16, wherein:
- 3 a program for instructing a computer system to further
- 4 execute processing for individually setting access authority
- 5 to the information provision database as a database every
- 6 customer is recorded.